



FEBRUARY MENU



BIG BOX \$30.00

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| 5 lb Chicken Leg Quarters | 1 lb Carrots | Chili Mix |
| 10 4 oz. Hamburger Patties | 2 lb Onion Strings | 1 lb Blackberries |
| 1.5 lb Boneless Pork Roast | 5.25 oz. Scalloped Potatoes | Apple Muffin Mix |
| 1 lb avg. Ground Pork | Vegetable Pot Stickers | 2 lb Apple Crescents |
| 1 lb Italian Sausage Links | | |

SENIOR MEALS..... \$28.00

New and improved supplier. 7 Heat and Serve Meals – with an 8 oz. glass of milk, these meals meet USDA RDA recommended dietary needs of seniors (www.valleyine.com/senior/nutrition.html)

Chicken Breast & Rice w Apricot Sauce, Green Bean Casserole, Rosemary Roasted Potatoes, Wheat Roll, Margarine, Orange Pineapple Juice

Steak Fingers, Mixed Greens Black-Eyed Peas, Rye Bread, Margarine, Mixed Fruit Cup

Chicken Broccoli Casserole w/ Rice, Green Beans, Squash Medley, Wheat Bread, Margarine, Orange Juice

Chili with Beans, Broccoli, Applesauce, Wheat Roll, Margarine, Fig Bar

Chicken Chop Suey, Corn, Green Peas with Onions, Mushrooms & Red Peppers, Wheat Bread, Margarine, Animal Crackers

Meatloaf w/ Tomato Sauce, Diced Rutabagas, Lima Beans, Wheat Bread, Margarine, Grape Juice, Graham Crackers

Breaded Fish, Rosemary Roasted Potatoes, Italian Vegetables, Rye Bread, Margarine, Blended Juice, Ginger Cookie

EMPTY NESTER..... \$20.00

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| 3 lb B/L S/L Chicken Breast | 1 lb Green Beans | Chili Packet |
| 1 lb Ground Pork | 1 lb Blackberries | Apple Muffin Mix |

ORDER THE FOLLOWING SPECIALS WITH THE PURCHASE OF A “BASIC BOX”, “EMPTY NESTER” OR “SENIOR MEALS”

KIDS BOX\$20.00
 (1.5lb Popcorn Chicken, Flour Tortillas, 14oz. Taco Meat, 2 12oz. Pkg Hot Dogs, Chocolate Syrup, 2 Pudding Mixes, 2 10oz. Boxes of Vanilla Wafer)

BREAKFAST BOX\$20.00
 2lb French Toast Stix, 2-12 Count Pancakes, 12 oz. Canadian Bacon, 1lb Ground Sausage, 1lb Blackberries, Strawberry Fruit Bars

SEAFOOD/LENT BOX\$20.00
 24oz. Catfish Fillets, 1lb Salmon, 4 5oz. Pecan Encrusted Tilapia, 18oz. Battered Fish

5LB RIBEYE SPECIAL \$35.00
 5lb of Aged Premium Ribeye Steaks

STUFFED CHICKEN SPECIAL \$20.00
 4 – 6 oz of EACH – Chicken Kiev (Seasoned Butter Stuffed), Chicken Broccoli (Broccoli & Cheese Stuffed), Cordon Bleu (Ham & Cheese Stuffed) 12 in all

FRUIT/VEGGIE GRAB BOX \$25.00
 14lbs of assorted Fruits and Veggies

BASIC GRAB BOX.....\$25.00
 Over \$40 of meats, veggies, fruits, potatoes and miscellaneous items

Great Food For All Reserves the right to substitute items of equal or greater value due to circumstances beyond their control.

SIGN UP DATES/LOCATION

FEBRUARY 1

FRANKLIN STREET CHURCH

- OAKHURST HOME COM CTR.....** 11:00 – 11:30 a.m.
RICHLAND TOWERS 1:00 – 1:30 p.m.
VALLEY PIKE MANOR..... 6:00 – 6:30 p.m.

- JANUARY 30.....** 10:00 - 11:30 a.m.
FEBRUARY 4 11:30 a.m. - 1:00 p.m.
FEBRUARY 4 5:00 - 6:00 p.m.

ALL ORDERS MUST BE PAID IN FULL AT TIME OF ORDERING.

Credit cards accepted on line at www.greatfoodforall.com until 2/4/10
 Personal Checks not Accepted / **Food Stamps/Access Cards** must be credited by 2/6/10
 Questions? Contact Gretchen at 255-2659

DELIVERY SERVICE AVAILABLE to the following places: CONNERS TOWER, GARDEN TERRACE APARTMENTS, JOSEPH JOHNS TOWER, LOUGHNER PLAZA APARTMENT, OAKHURST HOMES, RICHLAND TOWER, TOWNHOUSE TOWER, VALLEY PIKE MANOR, & VINE STREET TOWER

DISTRIBUTION DAY

FEBRUARY 20th 10:00 – 11:00 a.m.
 at Franklin Street UMC Phone: 535-8288
All orders must be picked up on distribution day or they will be donated